

Downers Grove Bicycle Club

Minutes
July 10, 2007

I. Welcome

Meeting called to order by Ron Girard. Welcome all...including new member Dan Chmelina. Ron said he is still finds it amazing...just over 1 year old and the club is around 190 members.

II. Committee and Officer updates

A. Treasurer: Income 454 Expense 78 Balance 4231.96

B. Membership: Current membership is hovering around 190.

C. Ride: Deb Wesley suggested including the MS150 in the mileage tracking...who will get John the names and distances? It was noted that Todd gets rides on the web calendar very quickly.

D. Social: Pizza and Pedal enjoyed by 25+. Ice Cream Ride (including a scoop per rider from the club) Scheduled later in July or early August. Beer and Brat and fall indoor events are in the que.

E. Apparel: Club jersey's are on order. In the works: an order from and catalog form which to order club apparel.

F. Publicity etc: Chuck Keenley 1. The club as joined the Chamber of Commerce for a year to see if our involvement will help move the club's mission forward. 2. Trek Bicycle of DG Discount policy is now an Award Program. The store tracks your purchases starting in April and will issue a coupon (5% for bicycle purchases and 10% on apparel) in October. 3. Criterion Thinking of not volunteering for road guards this year. Thinking of working at the Trek booth selling DGBC stuff. Loni is in charge of hosting athletes and will appreciate host families from the club.

G. Picnic: 1. Mass email to be sent to the membership...need an RSVP for the caterer by the 17th. Doug is looking for a volunteer(s) to set up and remove signs for the road rides and to help with other chores. The club will pay for the catered food.

III. Program: Scott Magee, DGFDF on first aid

Scott Magee (who lives near Elgin and either rides from home or drives to Wheaton and rides to DG on a bike) Downers Grove Fire Department paramedic and mobile first aid technician (I don't have his formal title) presented an informative and thoughtful program addressing questions of first aid bike riders can provide while out on a ride. He divided his discussion into treatable and untreatable problems. Road rash, abrasions and minor injuries are things we could deal with. Water from a water bottle is useful in flushing out a wounded area. One could carry a 5x9 and 4x4 dressing. Bandanas could hold the dressing in place as could a roll of curlex (roller gauze) which could also be used as a sling to help immobilize an arm. Neosporin with pain reducer would be useful. Being prepared to administer CPR would be smart, too, and in that case a CPR microshield helps keep a victims tongue out of the way and prevents sharing blood borne pathogens. ((The DGFDF offers CPR training)) Untreatable: unconscious or unable to get up....cell phone call 911. Be sure to direct traffic away from accident scene. If available a thermal blanket to cover the victim could help prevent shock. Also, one could straddle the victim and keep head and neck from moving. Finally, not a bad idea to wear a medical id tag....like for us senior types...dog tags...include pertinent medical information....blood type, medications...

Scott recommend a website veloist.com check it out. Before leaving, Scott demonstrated the flashing red and white lights on his first aid bicycle handle bars and ran the siren....which would get your attention! Great job, Scott.

IV. New Business/ Questions and Answers

A. Doug and Barb are suggesting an out of town ride for fall 08 in Lanesborough, MN

The meeting adjourned at 8:30PM followed by treats provided by Deb Wesley (THANK YOU)

Respectfully, Bill Chalberg